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CENTRAL UNIVERSITY OF ANDHRA PRADESH
Ananthapuramu, Andhra Pradesh



TWO DAY STATE-LEVEL WORKSHOP ON ELDERLY ISSUES

Organised By

Department of Psychology

&

Department of Political Science
Central University of Andhra Pradesh

Sponsored By

National Institute of Social Defence
Ministry of Social Justice and Empowerment
Government of India
New Delhi - 110075



April 03-04, 2025



Chief Patron
Prof. S. A Kori
Hon'ble Vice Chancellor



Patron / Convenor
Prof. C Sheela Reddy Registrar
I/c & Dean(Academics), CUAP



Convenor
Dr. Chelli Kavya
Assistant Professor & HoD I/c
Department of Psychology, CUAP



Co-Convenor
Dr. Sana Fatima
Assistant Professor
Department of Psychology, CUAP

Background

The world's ageing population is growing quickly. Older adults deal with a variety of financial, social, emotional, and physical issues that can lower their quality of life as life expectancy increases. The ageing process may result in issues like physical fragility, chronic diseases, loneliness, social isolation and financial insecurity. Moreover, family members assume the caregiving roles, sometimes lacking proper training and resources to provide effective care and support. Given these multiple issues, it is critical to create awareness and provide answers that empower both elderly and caregivers. The two-day workshop aims to create awareness regarding the challenges faced by the elderly, provide guidance on improving their well-being, and facilitate a platform for knowledge-sharing among stakeholders.

Objectives

1. To raise awareness about various issues faced by elderly.
2. To sensitize on the significance of elderly care and understand the best practices in caregiving.
3. To deliberate financial, legal, and social services available for elderly and their families.
4. To promote community support and foster collect efforts among local organizations to address elderly issues.

Day 1 - April 03, 2025

Time	Inaugural Session
08:30 AM - 09:00 AM	Registration & Distribution of Workshop Materials
09:00 AM - 09:05 AM Introduction and Objectives of the Workshop	Dr. Chelli Kavya, Assistant Professor & Head I/C, Department of Psychology, Central University of Andhra Pradesh
09:05 AM - 09:10 AM Welcome Remarks	Prof. C. Sheela Reddy, Registrar I/C & Dean. Central University of Andhra Pradesh
09:10 AM - 09:15 AM Remarks	Hon'ble Vice Chancellor. Prof. S A Kori. Central University of Andhra Pradesh
9:15 AM- 9:35 AM Key Note Address	Dr. P. Ramesh Narayana, Retired Principal at Anantapur.
09:35 AM - 09:40 AM Vote of Thanks	Dr. Sana Fatima, Faculty of Psychology, Central University of Andhra Pradesh
	Sessions
09:40 AM-11:00 AM	Session 1 Physical Health Concerns in Elderly- Dr. R. Asha Latha, Associate Professor of Pharmacology, Govt. Medical College Aanantapur
11:00 AM - 11:15 AM	Tea Break
11:15 AM 12:45 PM	Session 2 Mental Health and Well-being- Dr. Meera Padhy, Associate Professor, Center for Psychology, University of Hyderabad
12:45PM - 01:45 PM	Lunch Break
01:45 PM 03:15 PM	Session 3 Elderly Nutrition & Exercise - Prof. Shyam Prasad. B.R, Professor in Biochemistry, Govt. Medical College, Aanantapur
03:15 PM 03:30 PM	Tea Break
03:30 PM 05:00 PM	Session 4 Legal Issues, Social Rights & Financial Challenges- Prof. G. Haragopal, Former Dean, School of Social Sciences, University of Hyderabad.
05:00 PM 05:05 PM	Vote of Thanks - Dr. Sana Fatima, Faculty of Psychology, Central University of Andhra Pradesh
Tea & Refreshments - Opp Seminar Hall 1	

Day 2 - April 04, 2025

Time	Inaugural Session
09:00 AM-10:30 AM	Session 5 Elderly and Technology Dr. Niharika B. Assistant Professor, Govt. Medical College, Anantapur & Dr. P. Sumalatha, Assistant Professor (T & C). Department of Computer Science & IT, Central University of Andhra Pradesh
10:30 AM - 10:45 AM	Tea Break
10:45 AM - 12:15 PM	Session 6 End-of-Life Issues and Palliative Care- Dr. Kamalakar Rao Vujjini, Palliative Care Physician- Sparsh Hospice, Hyderabad
12:15 PM - 01:15 PM	Lunch Break
01:15 PM - 02:45 PM	Session 7 Creating Elder-Friendly Environments- Dr. K. Lalitha. Associate Professor, Department of Psychology, Yogi Vemana University
02:45 PM - 03:00 PM	Tea Break
03:00 PM - 04:30 PM	Session 8 Caregiving for the Elderly- Dr. Bhaswati Patnaik, Head of the Department of Psychology, Utkal University.
04:30 PM - 04:35 PM	Vote of Thanks - Dr. Sana Fatima, Faculty of Psychology.
Tea & Refreshments - Opp Seminar Hall 1	

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